



Pain Control during and after your dental care

Take 3 (three) Ibuprofen every 8 (eight) hours **OR** 2 (two) Aleve every 12 (twelve) hours

AND

Take 2 (two) Tylenol **OR** your prescribed pain medication every 8 (eight) hours **OR** as directed by Dr. Klein

Alter the two types of medication. For example, take the Ibuprofen at 8:00AM, then the Tylenol at 12:00noon, Ibuprofen again at 4:00PM, and the Tylenol at 8:00PM. Continue to keep the medication in your system for as long as Dr. Klein advised. Missing doses, may allow the pain to come back. Staying on top of the pain is advised and will provide you with better after care relief.

Do not take any of the above medication if you are allergic, or have been instructed by Dr. Klein to not take it. Do not take Tylenol with prescribed pain medication. Try to take all medications with something in your stomach.