



## Intravenous Anesthesia Sedation Pre-Operatory Checklist for Day of Surgery

- Stop drinking and eating for six (6) hours before the time of surgery, including water. If you do eat or drink anything, we will NOT be able to perform your surgery.
- If you are or become pregnant, contact the office as soon as possible.
- Do NOT use any chewing tobacco six (6) hours before the time of surgery.
- If you are taking medication for High Blood Pressure, G.E. Reflux and/or persistent heartburn, you may take those in the morning with a **small sip** of water only. All other medications need to wait until after surgery.
- If you use an inhaler daily or a rescue inhaler, bring it with you to the appointment.
- Brush teeth well, for at least two (2) full minutes before leaving home for the surgery
- Do not wear makeup the day of surgery
- Do not wear any jewelry from the neck up, or on your hands and arms.
- Do not wear any nail polish
- Do not wear eye contacts
- Wear low-heeled shoes, tennis shoes are the best
- Wear loose-fitting clothes with short sleeves
- If you become ill (wheezing, fever, vomiting) prior to coming to the office, call (816) 792-8030 and contact Dr. Klein via phone prompt number 4.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home. Preferably this person will remain with the patient for the remainder of the day.