



Post Operatory Intravenous Anesthesia Sedation Instructions

- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- When you arrive home, rest. Remember to rest your head on something that you can live with getting blood on. You can't often feel blood on your lips due to the numbing agent or when you are sleeping. You could end up staining a sofa cushion or linen that is not readily washable.
- Keep a container close by in case you become nauseated.
- DO NOT make important or major decisions for 24 hours after sedation.
- Do not fly on an air plane for a minimum of 48 hours after sedation.
- Do not operate a motor vehicle or machinery for 24 hours.
- Have an adult stay with you for a minimum of 24 hours.
- Do not eat a heavy meal right away; start with a light meal, or small soft snack foods, ex. Yogurt, scrambled eggs, mashed potatoes.
- Do not smoke or drink alcoholic beverages after sedation.
- If you experience nausea, lie down for a while. If symptoms increase, contact your dentist.
- Take any medication prescribed by your dentist.